

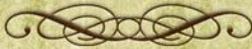


history anew

VIKING  
PROGRAMS

Our programs provide exciting learning opportunities that engage all students.

All of our programs can be tailored to address objectives outlined in the Government of Alberta Social Studies Education Programs and include pre- and post-visit activities.



history anew

WWW.HISTORYANEW.COM



If the list of offered workshops does not have exactly what you need - call us and we will work together to deliver unique custom workshops that are full of fun and discovery!

You never know what's possible until you ask! For more information contact us at:

**780.939.2639**

or

**info@historyanew.com.**



## PROGRAM INFORMATION

### 50 Minute Hands-On Workshops:

Enhance your classroom lesson with these dynamic, interactive sessions. Our unique workshops are designed to inspire your students with eye-opening demonstrations.

Trained interpretive professionals lead interactive workshops for individual classrooms.

- Serves individual classes of 30 or less.
- Minimum of 2 workshops per day.
- \$300 for first 2 workshops, plus a mileage fee of \$0.50 per mile.
- \$125 for each additional SAME DAY workshop.
- Must be set up in ONE room.
- All workshops are 50 minutes unless noted.
- All workshops are tailored to the grade level being engaged through age appropriate and curriculum specific activities.

To book your workshop please contact us at:  
780.989.2639 or [info@historyanew.com](mailto:info@historyanew.com)

## PROGRAMS OFFERED

The following workshops are based on the theme:

### *A Typical Day in the Life of an Average Medieval Scandinavian*

1. **Medieval Scandinavian Morning Routine Workshop:**  
How did Vikings brush their teeth? What did they eat for breakfast and how did they make it? This program delves into the skills required to perform the basic tasks we take for granted – 1000 years ago. **Our most popular workshop!**
2. **Medieval Scandinavian Shopping Bags Workshop:**  
Learn how to create your own Viking shopping bag and food storage container – even one that holds liquids! This workshop focuses on spruce-root coil basketry and traditional Scandinavian birch-bark container creation.
3. **Medieval Scandinavian Woodworking Workshop:**  
How did Vikings build houses, chests, carts, roads and ships without saws? This program delves into the secrets of Viking woodworking and includes a full-size, working replica, of a medieval Scandinavian Spring-Pole Lathe.
4. **Medieval Scandinavian Leatherworking Workshop:**  
Vikings were fabulous leatherworkers! Find out the intricate process they used to make animals skins into beautiful leather – you will even learn how they made their own designer shoes!

### Special Focus Workshops

1. **The World of the Unknown in Medieval Scandinavia Workshop:**  
Most of us would be frightened to meet a Viking, but what made a Viking scared? This specialty workshop focuses on the *spirit* world and the *spiritual* world of medieval Scandinavians.
2. **Vinland Voyages Workshop:**  
Learn about the two primary sagas that discuss the first recorded Vinland expeditions and how Vikings ~~crossed~~ an unknown ocean and made it safely home again. You won't believe what the sagas say happened in Vinland!
3. **Stellar Shipwrights Workshop:**  
How could medieval Scandinavians make ships big enough to hold 100 men? Learn the secrets of how Vikings made the most amazing ships of their time.
4. **Medieval Scandinavian Martial Arts Workshop:**  
How did a young Viking become a fearsome warrior? Learn the knowledge and skills required to become a part of a Viking raiding ship.

*History Anew*

*Making the Past Work for the Present*

780.989.2639 or [info@historyanew.com](mailto:info@historyanew.com)